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# Writing to Create, Mend, and Rebel: Three Reflections on Journaling as Escrevivência for Afro-Brazilian Public University Students During COVID-19

da Silva, Renan Vicente; Alves, Carlos Eduardo Assunção; Montenario, Mayana Ribeiro; Murray, Laura Rebecca.

[Link dokumen ProQuest](#)

## DETAIL

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# “You would think she would hug me”: Micropractices of Care Between First-Generation College Students and Their Parents During Covid-19

Flores, Andrea; Mason, Katherine A.

[Link dokumen ProQuest](#)

## ABSTRAK (ENGLISH)

The Covid-19 pandemic has greatly disrupted the education of first-generation college students (first-gens)—those whose parents did not complete a college degree. With campuses closed, activities canceled, and support services curtailed, many first-gens have increasingly relied on their parents for mental, emotional, and logistical support. At the same time, their parents face compounding stresses and challenges stemming from the prolonged effects of the Covid pandemic. We examined the role that relational dynamics between first-gens and their parents played in how they weathered the first 2 years of the Covid pandemic together. We draw upon journals submitted by self-identified first-gens and parents of first-gens to the Pandemic Journaling Project between October 2021 and May 2022 as part of a pilot study of first-gen family experiences of Covid-19, along with a series of interviews conducted with three student–parent dyads. We argue that what we term the *micropractices of care*—the “little things,” like a kind word, small gift, or car ride, that were regularly exchanged between parents and students—played a key role in mental wellness and educational persistence. We find that when there is synchrony between practices offered by one dyad member and their reception by the other, mental wellbeing is preserved. When there is asynchrony, mental health is destabilized. These findings reflect the strategies on which first-gen families have creatively relied to maintain shared mental wellness and student success during a time of crisis. We show how everyday mental wellness is forged in the intersubjective space between two people engaged in achieving shared life goals.

## DETAIL

**Subjek:** Families & family life; Mental health services; College students; Pilot projects; Support services; COVID-19; Education; Dyads; Well being; Synchrony; Higher education; First generation students; Parents & parenting; Pandemics; Life goals; Gift giving; Mental health

**Research method:** Qualitative research; Interviews

**Judul:** “You would think she would hug me”: Micropractices of Care Between First-Generation College Students and Their Parents During Covid-19

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Dokumen 3 dari 14

# Majnūn or Mental Disorders: Between Cultural Traditions and Western Psychology in Jordan

Valaitė, Dovilė; Berniūnas, Renatas.

[Link dokumen ProQuest](#)

## ABSTRAK (ENGLISH)

Mental disorders or altered psychological states are prevalent in all populations, regardless of race or ethnic origin, while at the same time, culture also shapes the conceptions of mental disorders. Religion is deeply rooted in the daily life of the Muslim-majority countries, while Arab countries are affected by an ongoing modernization. Thus, how does the traditional religious conception of mental disorders interact with Western psychological conceptions in contemporary Arab-Muslim society? This study explores the conceptions of mental disorders and their causes among Muslims in contemporary Jordan. By employing cognitive anthropological method (free listing), forty participants were asked to provide three lists of (a) typical names of mental disorders, (b) causes of mental disorders and (c) determining features of mental disorders. Collected qualitative data have been quantitatively analysed and interpreted in the context of relevant ethnographic and interview data. While Western terms of mental disorders are well known among young and educated Jordanians, the study demonstrates that Jordanians employ cultural and religious notions alongside. This co-existence of different conceptions confirms an importance of Islamic notion in the modern rendering of mental health. As a result, despite rapid modernization, mental health is still highly stigmatized.

## DETAIL

**Subjek:** Religion; Modernization; Stigma; Cultural tradition; Mental disorders; Everyday life; Muslims; Race; Activities of daily living; Mental health; Psychology; Culture; Islam; Cross-cultural psychology; Western society

**Judul:** Majnūn or Mental Disorders: Between Cultural Traditions and Western Psychology in Jordan

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# The Eschucha (Listen) Podcast Project: Psychosocial Innovation for Marginalized Mexican Youth and Young Adults

Márquez Rodríguez, Cristopher Bogart.

[Link dokumen ProQuest](#)

## ABSTRAK (ENGLISH)

The COVID-19 pandemic was a challenging period for young people in Mexico, particularly those already contending with social and structural inequality. In March 2021, the *Colectivo Frontera*, a research collective based in Mexico City, Mexico, which works on advancing equity and psychosocial wellbeing among marginalized communities, carried out an 8-week, online project to provide psychosocial support and promote resilience for marginalized young people from different locations in Mexico. The project entailed weekly journaling with the Pandemic Journaling Project (PJP), as well as weekly phone sessions with a mental health specialist who provided emotional support (*acompañamiento emocional*) through practices of active listening. The project culminated in the *Escucha* (Listen) Podcast for which each youth participant created an episode about their experiences during the pandemic. Many also submitted a photo to accompany their recording; one produced a song. Participant episodes were compiled into a series of five chapters. Each chapter of the podcast centers on a common theme, including reflections on loved ones lost to COVID-19, social fragmentation, gender-based constraints on expressing emotions, and the experiences and perspectives of children. The project provides a compelling example of a low-cost approach to providing support for the mental health and wellbeing of marginalized young people. It also demonstrates the importance of creating projects that help young people make meaningful connections and that leverage their creativity to foster resilience, improve social cohesion, and elevate their perspectives and voices.

## DETAIL

<b>Subjek:</b>	Audio recordings; Young adults; Marginality; Segmentation; Social inequality; Emotions; Psychosocial support; Inequality; COVID-19; Social fragmentation; Resilience; Social cohesion; Well being; Health care expenditures; Children; Diaries; Psychosocial factors; Youth; Innovations; Pandemics; Emotional support; Mental health; Psychosocial well being
<b>Lokasi:</b>	Mexico
<b>Judul:</b>	The Eschucha (Listen) Podcast Project: Psychosocial Innovation for Marginalized Mexican Youth and Young Adults
<b>Pengarang:</b>	Márquez Rodríguez, Cristopher Bogart <sup>11</sup> Independent Researcher, Mexico City, Mexico
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Dokumen 5 dari 14

# The Experience of Psychosis in Psychiatric Inpatients During the COVID-19 Pandemic Among Unhoused Individuals

Lebovitz, Julia G; Luhrmann, Tanya M; AhnAllen, Christopher G.

[Link dokumen ProQuest](#)

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## ABSTRAK (ENGLISH)

This research investigates the impact of Coronavirus-2019 on individuals without housing and experiencing psychosis using semi-structured qualitative interviews and a case study format. We found that for our participants, life in the pandemic was generally more difficult and filled with violence. Further, the pandemic seemed to impact the content of psychosis directly, such that in some cases voices referred to politics around the virus. Being unhoused during the pandemic may increase the sense of powerlessness, social defeat, and the sense of failure in social interactions. Despite national and local measures to mitigate virus spread in unhoused communities, the pandemic seemed to be particularly hard on those who were unhoused. This research should support our efforts to see access to secure housing as a human rights issue.

## DETAIL

<b>Subjek:</b>	Psychosis; Case studies; Psychiatric hospitals; Mental disorders; COVID-19; Alienation; Pandemics; Housing; Human rights; Viruses; Social interaction; Inpatient care; Mental depression; Viral infections; Homeless people
<b>Research method:</b>	Case study; Qualitative research; Interviews
<b>Judul:</b>	The Experience of Psychosis in Psychiatric Inpatients During the COVID-19 Pandemic Among Unhoused Individuals
<b>Pengarang:</b>	Lebovitz, Julia G.1; Luhrmann, Tanya M.2; AhnAllen, Christopher G.3 1 Stanford University, Department of Psychology, Stanford, USA (GRID:grid.168010.e) (ISNI:0000 0004 1936 8956); Brigham and Women's Faulkner Hospital, Department of Psychiatry, Boston, USA (GRID:grid.415122.1) (ISNI:0000 0004 0378 8518)2 Stanford University, Department of Psychology, Stanford, USA (GRID:grid.168010.e) (ISNI:0000 0004 1936 8956); Stanford University, Department of Anthropology, Stanford, USA (GRID:grid.168010.e) (ISNI:0000 0004 1936 8956)3 Brigham and Women's Faulkner Hospital, Department of Psychiatry, Boston, USA (GRID:grid.415122.1) (ISNI:0000 0004 0378 8518); Harvard Medical School, Department of Psychiatry, Boston, USA (GRID:grid.38142.3c) (ISNI:000000041936754X)

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# Reaching Out from Lockdown: A Writing Group for Young Black South Africans

Trok, Lorato; Jacobs, Nancy J.

[Link dokumen ProQuest](#)

## DETAIL

**Subjek:** African cultural groups; Black people; Archives & records; Young adults; Social networks; COVID-19

**Ketentuan indeks bisnis:** Subjek: Social networks

**Judul:** Reaching Out from Lockdown: A Writing Group for Young Black South Africans

**Pengarang:** Trok, Lorato<sup>1</sup>; Jacobs, Nancy J.<sup>2</sup> <sup>1</sup>Providence, USA<sup>2</sup> Brown University, Department of History, Providence, USA (GRID:grid.40263.33) (ISNI:0000 0004 1936 9094)

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Dokumen 7 dari 14

# Sensitive Child, Disturbed Kid: Stigma, Medicalization, and the Interpretive Work of Israeli Mothers of Children with ADHD

## ABSTRAK (ENGLISH)

Attention-deficit/hyperactivity disorder (ADHD) is a rapidly globalizing medical category, and there is a need to attend to the on-the-ground processes through which laypeople deploy the ADHD label in different local contexts. Based on in-depth interviews with Israeli mothers of children with ADHD, this article explores how mothers, as lay actors in the social field of diagnosis, interpreted the origins and meanings of their child's 'troubles'. The temporal perspective on mothers' meaning-making processes revealed a progression of four common phases through which mothers revisited their understanding of ADHD, and recast their own responsibilities and moral roles. We found that mothers' self-understanding was crucially impacted by the invisibility of the disability and the fact that diagnosis did not fully relieve them from blame for their children's stigmatizing behavior. While not all mothers accepted the validity of the diagnosis, participating in the medicalization of their child's condition allowed them to reach similar pragmatic and narrative goals. We discuss the cultural and institutional features of the Israeli ADHD landscape that shape mothers' narratives of their children, and their relations with expertise. We point to a culturally unique framing of children with ADHD in Israel as those characterized by emotional vulnerability and risk of social exclusion.

## DETAIL

<b>Subjek:</b>	Narratives; Meaning; Medical diagnosis; Parent-child relations; Working mothers; Attention deficit hyperactivity disorder; Blame; Medicalization; Stigma; Multiculturalism & pluralism; Children; Pragmatics; Children & youth; Mothers; Social exclusion
<b>Research method:</b>	Qualitative research; Interviews
<b>Judul:</b>	Sensitive Child, Disturbed Kid: Stigma, Medicalization, and the Interpretive Work of Israeli Mothers of Children with ADHD
<b>Pengarang:</b>	Plotkin-Amrami, Galia <sup>1</sup> ; Fried, Talia <sup>1</sup> <sup>1</sup> Ben-Gurion University of the Negev, School of Education, Be'er Sheva, Israel (GRID:grid.7489.2) (ISNI:0000 0004 1937 0511)
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<b>Riwayat publikasi :</b>	
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<b>ID dokumen ProQuest:</b>	3048668033
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<b>Terakhir diperbarui:</b>	2024-06-04
<b>Basis data:</b>	Public Health Database

Dokumen 8 dari 14

# The Avatar Faculty: Ecstatic Transformations in Religion and Video Games

Navarro, Alberto.



## DETAIL

<b>Subjek:</b>	Religion; College faculty; Computer & video games
<b>Judul:</b>	The Avatar Faculty: Ecstatic Transformations in Religion and Video Games
<b>Pengarang:</b>	Navarro, Alberto <sup>11</sup> Stanford University, Stanford, USA (GRID:grid.168010.e) (ISNI:0000 0004 1936 8956)
<b>Judul publikasi:</b>	Culture, Medicine and Psychiatry; New York
<b>Volume:</b>	48
<b>Edisi:</b>	1
<b>Halaman:</b>	219-223
<b>Tahun publikasi:</b>	2024
<b>Tanggal publikasi:</b>	Mar 2024
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<b>Tempat publikasi:</b>	New York
<b>Negara publikasi:</b>	Netherlands, New York
<b>Subjek publikasi:</b>	Medical Sciences, Medical Sciences--Psychiatry And Neurology, Anthropology
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<b>Bahasa publikasi:</b>	English
<b>Jenis dokumen:</b>	Book Review
<b>Riwayat publikasi :</b>	
<b>Tanggal publikasi online:</b>	2024-03-04
<b>Tanggal capaian penting:</b>	2024-02-10 (Registration); 2024-01-25 (Accepted)
<b>Riwayat publikasi :</b>	

<b>Tanggal posting pertama:</b>	04 Mar 2024
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<b>ID dokumen ProQuest:</b>	3048667992
<b>URL Dokumen:</b>	<a href="https://www.proquest.com/scholarly-journals/avatar-faculty-ecstatic-transformations-religion/docview/3048667992/se-2?accountid=211160">https://www.proquest.com/scholarly-journals/avatar-faculty-ecstatic-transformations-religion/docview/3048667992/se-2?accountid=211160</a>
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<b>Basis data:</b>	Public Health Database

Dokumen 9 dari 14

# Collaborative Journaling in the Social Sciences: Guidelines and Applications

Myers, Neely Lorenzo.

[Link dokumen ProQuest](#)

## DETAIL

<b>Subjek:</b>	Collaboration; Social sciences
<b>Judul:</b>	Collaborative Journaling in the Social Sciences: Guidelines and Applications
<b>Pengarang:</b>	Myers, Neely Lorenzo <sup>1</sup> Southern Methodist University, Department of Anthropology, Dallas, USA (GRID:grid.263864.d) (ISNI:0000 0004 1936 7929)
<b>Judul publikasi:</b>	Culture, Medicine and Psychiatry; New York
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Dokumen 10 dari 14

# Cultivating Voice and Solidarity in Times of Crisis: Ethnographic Online Journaling as a Pedagogical Tool

## ABSTRAK (ENGLISH)

Ethnographic journaling can provide students with powerful opportunities to recognize and value their individual and collective perspectives as both observers and analysts of the world around them, especially in times of crisis. In this Perspectives essay, we share our experiences of using the Pandemic Journaling Project platform as a teaching resource in the first years of the COVID-19 pandemic and beyond. We consider various aspects of online ethnographic journaling, including creative teaching strategies, journaling's therapeutic potential, and student perspectives on the opportunity to document their own experiences as a forward-looking form of "archival activism." We also discuss how journaling can create robust ethnographic learning opportunities while at the same time providing a valuable space for connection and social support, especially when classroom dynamics are constrained by crisis conditions. Ethnographic journaling can help students appreciate what it means for ethnographers to bring their whole selves into their qualitative work in ways that can challenge mainstream misconceptions and contribute concrete forms of data and ethnographic insight. Overall, the essay explores how ethnographic journaling can create meaningful and creative opportunities for curricular innovation; generate durable forms of ethnographic insight; and also bring student experiences into the classroom in ways that can help them cultivate their voice, build a sense of solidarity, and potentially ease student distress.

## DETAIL

<b>Subjek:</b>	Ethnography; Teaching; Social dynamics; Crises; COVID-19; Classrooms; Teaching methods; Ethnographers; Social support; Social cohesion; Diaries; Misconceptions; Psychological distress; Activism; Innovations; Pandemics; Curriculum development
<b>Judul:</b>	Cultivating Voice and Solidarity in Times of Crisis: Ethnographic Online Journaling as a Pedagogical Tool
<b>Pengarang:</b>	Willen, Sarah S. <sup>1</sup> ; Baines, Kristina <sup>2</sup> ; Ennis-McMillan, Michael C. <sup>3</sup> 1 University of Connecticut, Department of Anthropology, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915); Human Rights Institute, University of Connecticut, Research Program on Global Health & Human Rights, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915)2 City University of New York (CUNY), Guttman Community College, Anthropology, Department of Social Sciences and Humanities, New York, USA (GRID:grid.212340.6) (ISNI:0000 0001 2298 5718); CUNY Graduate School of Public Health and Health Policy, Department of Community Health and Social Sciences, New York, USA (GRID:grid.212340.6) (ISNI:0000000122985718)3 Skidmore College, Department of Anthropology, Saratoga Springs, USA (GRID:grid.60094.3b) (ISNI:0000 0001 2270 6467)
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# Introduction: Student Experiences of COVID-19 Around the Globe: Insights from the Pandemic Journaling Project

Wurtz, Heather M; Mason, Katherine A; Willen, Sarah S.

[Link dokumen ProQuest](#)

## ABSTRAK (ENGLISH)

The COVID-19 crisis has taken a significant toll on the mental health of many students around the globe. In addition to the traumatic effects of loss of life and livelihood within students' families, students have faced other challenges, including disruptions to learning and work; decreased access to health care services; emotional struggles associated with loneliness and social isolation; and difficulties exercising essential rights, such as rights to civic engagement, housing, and protection from violence. Such disruptions negatively impact students' developmental, emotional, and behavioral health and wellbeing and also become overlaid upon existing inequities to generate intersectional effects. With these findings in mind, this special issue investigates how COVID-19 has affected the mental health and wellbeing of high school and college students in diverse locations around the world, including the United States, Mexico, Brazil, China, and South Africa. The contributions collected here analyze data collected through the Pandemic Journaling Project, a combined research study and online journaling platform that ran on a weekly basis from May 2020 through May 2022, along with complementary projects and using additional research methods, such as semi-structured interviews and autobiographical writing by students. The collection offers a nuanced, comparative window onto the diverse struggles that students and educators experienced at the height of the pandemic and considers potential solutions for addressing the long-term impacts of COVID-19. It also suggests a potential role for journaling in promoting mental wellbeing among youth, particularly in the Global South.

## DETAIL

**Subjek:** Social isolation; Mental health services; Students; Citizen participation; College students; Secondary schools; Loneliness; Health care access; Housing; COVID-19; Research methodology; Emotions; Teachers; Intersectionality; Scholarship; Trauma; Health care; Well being; Diaries; Inequality; Rights; Secondary school students; Pandemics; Health behavior; Mental health; Learning; Livelihood

**Research method:** Qualitative research; Interviews

**Judul:** Introduction: Student Experiences of COVID-19 Around the Globe: Insights from the Pandemic Journaling Project

**Pengarang:** Wurtz, Heather M.1; Mason, Katherine A.2; Willen, Sarah S.31 Human Rights Institute, University of Connecticut, Research Program on Global Health and Human Rights, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915); University of Connecticut, Department of Anthropology, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915); Brown University, Population Studies and Training Center, Providence, USA (GRID:grid.40263.33) (ISNI:0000 0004 1936 9094)2 Brown University, Population Studies and Training Center, Providence, USA (GRID:grid.40263.33) (ISNI:0000 0004 1936 9094); Brown University, Department of Anthropology, Providence, USA (GRID:grid.40263.33) (ISNI:0000 0004 1936 9094)3 Hum an Rights Institute, University of Connecticut, Research Program on Global Health and Human Rights, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915); University of Connecticut, Department of Anthropology, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915)

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<b>Halaman:</b>	4-22
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<b>Tempat publikasi:</b>	New York
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<b>Bahasa publikasi:</b>	English
<b>Jenis dokumen:</b>	Editorial
<b>Riwayat publikasi :</b>	
<b>Tanggal publikasi online:</b>	2024-03-09
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Dokumen 12 dari 14

# Seesaw Precarity: Journaling Anxious Hope on a Chinese University Campus During Covid-19

Mason, Katherine A; Xie, Jianmei.

[Link dokumen ProQuest](#)

## ABSTRAK (ENGLISH)

In this article, we examine the Covid-19 experiences of a group of Chinese university students studying in the city of Guangzhou. We draw on journal entries that Chinese students submitted to the Pandemic Journaling Project between March and May 2022, along with follow-up responses in July and December 2022, to argue that these students spent most of their undergraduate years living in a state of “seesaw precarity.” We define seesaw precarity as a protracted period during which many Chinese were unable to predict from one day to the next whether they would be free to engage in the quotidian activities of everyday life. We trace student reactions and adaptations as they struggled to attend class, buy food, and see friends and family in the midst of unpredictable swings between openness and closedness. The seesaw nature of restrictions spurred considerable anxiety among the students we followed, but also produced an optimistic mindset we refer to as “anxious hope.” Participants accepted the necessity of Covid controls and felt it was incumbent upon them as individuals to adjust to this reality. They saw themselves as responsible for actively cultivating a positive mindset. Our findings suggest that the promotion of emotional self-care and anxious hope during the pandemic may have supported the viability of long-term controls as well as the acceptability of their sudden abandonment, while muting the possibility of resistance.

## DETAIL

Subjek: Anxiety; Acceptability; Students; Diaries; College students; Everyday life; Optimism; Resistance; Asian cultural groups; Openness; COVID-19; Pandemics; Self care; Anxiety disorders



**Judul:** Seesaw Precarity: Journaling Anxious Hope on a Chinese University Campus During Covid-19

**Pengarang:** Mason, Katherine A.1 ; Xie, Jianmei21 Brown University, Department of Anthropology and Population Studies and Training Center, Providence, USA (GRID:grid.40263.33) (ISNI:0000 0004 1936 9094)2 Guangdong Polytechnic Normal University, School of Foreign Languages, Guangzhou, China (GRID:grid.410577.0) (ISNI:0000 0004 1790 2692)

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Dokumen 13 dari 14

# Facing and Overcoming Pain Through Scientific Evidence: The Imperative of Exposure as a Psychological Technique for Cognitive Behavioral Treatments in Buenos Aires, Argentina

Del Monaco, Romina.

[Link dokumen ProQuest](#)

## ABSTRAK (ENGLISH)

On the basis of a research study on cognitive behavioral psychotherapies conducted between 2016 and 2020, this article analyzes exposure as a psychological technique focused on facing and overcoming distressing situations that interfere with everyday life and cause pain. Said psychotherapies have gained more relevance in Argentina in recent years. Their development and institutionalization continued during the first decades of the new millennium. By the late 1990s, there were social and economic transformations that modified people's lives and produced different types of suffering. In addition, that scenario was set with subjectivity models based on the importance of being autonomous and responsible in different spheres of daily life (including healthcare). Accordingly, current social imperatives such as "you can do it" or "give it another try" become values linked to personal realization that are assimilated by these psychotherapies through techniques such as exposure. In that respect, this article aims at analyzing exposure as a psychological technology with evidence-based epistemological presuppositions and problem-solving models based on the subjects' individual commitment. Unlike most social-anthropological studies that connect the notion of exposure to that of risk, from a cognitive behavioral standpoint, self-exposing and overcoming the cause of distress is associated with a successful therapeutic process. This study used a qualitative methodology, and the technique was the analysis drawn from 30 semi-structured interviews with cognitive behavioral psychologists from the Autonomous City of Buenos Aires, Argentina.

## DETAIL

<b>Subjek:</b>	Qualitative research; Pain; Epistemology; Problem solving; Health services; Everyday life; Technology; Institutionalization; Models; Behavior modification; Cognitive behavioral therapy; Economic change; Treatment methods; Subjectivity; Psychotherapy; Health care; Cognition; Psychological distress; Activities of daily living; Cognitive-behavioral factors; Scientific evidence; Assimilation
<b>Lokasi:</b>	Argentina
<b>Research method:</b>	Qualitative research; Interviews
<b>Judul:</b>	Facing and Overcoming Pain Through Scientific Evidence: The Imperative of Exposure as a Psychological Technique for Cognitive Behavioral Treatments in Buenos Aires, Argentina
<b>Pengarang:</b>	Del Monaco, Romina <sup>1</sup> <sup>1</sup> National Scientific and Technical Research Council (CONICET), Buenos Aires, Argentina (GRID:grid.423606.5) (ISNI:0000 0001 1945 2152); Universidad de Buenos Aires, Instituto de Investigaciones Gino Germani, Facultad de Ciencias Sociales, Buenos Aires, Argentina (GRID:grid.7345.5) (ISNI:0000 000 1 0056 1981)
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Dokumen 14 dari 14

# Thriving Despite the Odds: Digital Capital and Reimagined Life Projects Among Mexican College Students During COVID-19

Wurtz, Heather M; Hernandez, Maria; Baird, Madeline.

[Link dokumen ProQuest](#)

## ABSTRAK (ENGLISH)

During the pandemic, Mexico experienced one of the longest periods of school closures in Latin America. After the first year of COVID-19, thousands of college students dropped out of school, which has been partially attributed to difficulties in adapting to online learning. This study examines how some college students in Mexico coped with and overcame these challenges. Our research draws on journals of and in-depth interviews with Mexican college students who participated in the Pandemic Journaling Project—a combined online journaling platform and research study. Participant accounts describe challenges students experienced navigating the rapid roll-out of online education. However, over time, many of the students in our study cultivated a renewed sense of purpose in their educational activities. They attributed this shift in perspective to their ability to carve out new approaches to social

support, the development of professional capacities, and insight into the potential for technology to promote a more inclusive society. Our work shows how students' ability to integrate digital competencies into their broader life projects and aspirations for the future played an important role in college perseverance and reducing mental health distress. Findings have important implications for the potential role of increased access to technological resources in mitigating social inequity and improving mental health outcomes among young adults.

## DETAIL

<b>Subjek:</b>	Internet; Young adults; Aspiration; College students; Social development; Technology; Educational activities; Health status; Inequality; COVID-19; Distance learning; Social support; Diaries; First year; Psychological distress; Pandemics; Perseveration; Sense of purpose; Mental health; Learning
<b>Lokasi:</b>	Mexico
<b>Research method:</b>	Qualitative research; Interviews
<b>Judul:</b>	Thriving Despite the Odds: Digital Capital and Reimagined Life Projects Among Mexican College Students During COVID-19
<b>Pengarang:</b>	Wurtz, Heather M.1 ; Hernandez, Maria2; Baird, Madeline31 University of Connecticut, Department of Anthropology, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915); University of Connecticut, Research Program on Global Health & Human Rights, Human Rights Institute, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915); Brown University, Population Studies and Training Center, Providence, USA (GRID:grid.40263.33) (ISNI:0000 0004 1936 9094)2 University of Connecticut, El Instituto: Institute of Latina/o, Caribbean and Latin America Studies of College of Liberal Arts and Science, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915)3 University of Connecticut, Department of Anthropology, Storrs, USA (GRID:grid.63054.34) (ISNI:0000 0001 0860 4915)
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