LAMPIRAN

Lampiran 1. Plan of Action (POA)

PLAN OF ACTION (POA)

: Intan Rizki Dwi Saputri : P17211181003 Nama

NIM

Prodi : Sarjana Terapan Keperawatan Malang

: Efektivitas Guided Imagery, Slow Deep Breathing Dan Aromaterapi Mawar Terhadap Kecemasan Pasien Pre Operasi Judul

| Nic | Ke | egiatan enelitian | | | kt | | | | | ov | | Ĭ | | es | | Î | | lan | | | | Fel | | | - | M | | | | | pr | | | M | | | | Ju | ni | | | Jı | ıli | |
|-----|----|-----------------------------|---|---|----|---|---|---|---|----|---|---|---|----|---|---|---|-----|-----|-----|---|-----|---|---|---|---|---|---|---|---|----|---|---|---|---|---|---|----|----|---|---|----|-----|---|
| No | Pe | nelitian | 1 | 2 | 3 | 4 | ļ | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 3 4 | 1 [| 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |
| 1 | | hap | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | rsiapan | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | a | Penentuan Judul | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | b | Mencari Literatur | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | c | Penyusunan Proposal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | d | Konsultasi Proposal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | e | Perbaikan Proposal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | f | Ujian Sidang Proposal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | g | Revisi Proposal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| No | Ke | egiatan | | | kt | | | | ov | | | | es | | | | an | | | Fe | | | | M | | | | A | pr | | | | [ei | | | Ju | ni | | | Ju | | |
|-----|----|--|---|---|----|---|---|---|----|---|---|---|----|---|---|---|----|---|---|----|---|---|---|---|---|---|---|---|----|---|---|---|-----|---|---|----|----|---|---|----|---|---|
| 110 | Pe | enelitian | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |
| 2 | Ta | hap | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Pe | laksanaan | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | i |
| | a | Pengambilan Jurnal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | b | Pengolahan Jurnal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | С | Analisis Data Dan Pengolahan Jurnal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | d | Konsultasi Hasil | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Ta | hap | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | valuasi | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | i |
| | a | Perbaikan Hasil | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | b | Pencatatan Dan Pelaporan Hasil | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | С | Ujian Siding Skripsi | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | d | Perbaikan Hasil | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Lampiran 2. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Norma Mardiani, Budi Hermawan

Year : 2019

Date : 25/12/2021

Record number : 01

| No | | Yes | No | Unclear | Not applicable |
|----|--|----------|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is | ✓ | | | |
| | the 'effect' (i.e. there is no confusion about which | | | | |
| | variable comes first)? | | | | |
| 2 | Were the participants included in any comparisons | ✓ | | | |
| | similar? | | | | |
| 3 | Were the participants included in any comparisons | ✓ | | | |
| | receiving similar treatment/care, other than the | | | | |
| | exposure or intervention of interest? | | | | |
| 4 | Was there a control group? | | ✓ | | |
| 5 | Were there multiple measurements of the outcome | ✓ | | | |
| | both pre and post the intervention/exposure? | | | | |
| 6 | Was follow up complete and if not, were differences | ✓ | | | |
| | between groups in terms of their follow up | | | | |
| | adequately described and analyzed? | | | | |
| 7 | Were the outcomes of participants included in any | √ | | | |
| | comparisons measured in the same way? | | | | |
| 8 | Were outcomes measured in a reliable way? | √ | | | |
| 9 | Was appropriate statistical analysis used? | √ | | | |

Overall appraisal: include√ exclude seek further info

Lampiran 3. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Budi Antoro, Gustop Amatiria

Year : 2017

Date : 25/12/2021

Record number : 02

| No | | Yes | No | Unclear | Not applicable |
|----|--|----------|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is | ✓ | | | |
| | the 'effect' (i.e. there is no confusion about which | | | | |
| | variable comes first)? | | | | |
| 2 | Were the participants included in any comparisons similar? | | ✓ | | |
| 3 | Were the participants included in any comparisons | √ | | | |
| | receiving similar treatment/care, other than the | | | | |
| | exposure or intervention of interest? | | | | |
| 4 | Was there a control group? | ✓ | | | |
| 5 | Were there multiple measurements of the outcome | √ | | | |
| | both pre and post the intervention/exposure? | | | | |
| 6 | Was follow up complete and if not, were differences | ✓ | | | |
| | between groups in terms of their follow up | | | | |
| | adequately described and analyzed? | | | | |
| 7 | Were the outcomes of participants included in any | √ | | | |
| | comparisons measured in the same way? | | | | |
| 8 | Were outcomes measured in a reliable way? | ✓ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal : include√ exclude seek further info

Lampiran 4. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Wahyuningsih Safitri, Wahyu Rima Agustin

Year : 2020

Date : 25/12/2021

Record number : 03

| No | | Yes | No | Unclear | Not applicable |
|----|--|----------|----------|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)? | ✓ | | | |
| 2 | Were the participants included in any comparisons similar? | ✓ | | | |
| 3 | Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest? | | √ | | |
| 4 | Was there a control group? | | √ | | |
| 5 | Were there multiple measurements of the outcome both pre and post the intervention/exposure? | ✓ | | | |
| 6 | Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed? | √ | | | |
| 7 | Were the outcomes of participants included in any comparisons measured in the same way? | √ | | | |
| 8 | Were outcomes measured in a reliable way? | √ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal: include√ exclude seek further info

Lampiran 5. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : I Gusti Ayu Mirah Adhi, Teguh Gama Zarkasyi, Alwan

Wijaya, I Made Eka Santosa

Year : 2020

Date : 25/12/2021

Record number : 04

| No | | Yes | No | Unclear | Not applicable |
|----|---|-----|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is | ✓ | | | |
| | the 'effect' (i.e. there is no confusion about which variable comes first)? | | | | |
| 2 | Were the participants included in any comparisons | ✓ | | | |
| | similar? | | | | |
| 3 | Were the participants included in any comparisons | | ✓ | | |
| | receiving similar treatment/care, other than the | | | | |
| | exposure or intervention of interest? | | | | |
| 4 | Was there a control group? | | ✓ | | |
| 5 | Were there multiple measurements of the outcome | ✓ | | | |
| | both pre and post the intervention/exposure? | | | | |
| 6 | Was follow up complete and if not, were differences | ✓ | | | |
| | between groups in terms of their follow up | | | | |
| | adequately described and analyzed? | | | | |
| 7 | Were the outcomes of participants included in any | ✓ | | | |
| | comparisons measured in the same way? | | | | |
| 8 | Were outcomes measured in a reliable way? | ✓ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal: include√ exclude seek further info

Lampiran 6. JBI Tools

Critical Appraisal for Randomized Controller Trials

JBI Critical Appraisal Checklist for Randomized Controlled Trials

Reviewer : Intan Rizki

Author : Márcia Marques dos Santos Felix, Maria Beatriz

Guimarães Ferreira, Lucas Felix de Oliveira, Elizabeth Barichello, Patricia da

Silva Pires, Maria Helena Barbosa

Year : 2018

Date : 25/12/2021

Record number : 05

| No | | Yes | No | Unclear | Not applicable |
|----|--|-----|----|---------|----------------|
| 1 | Was true randomization used for assignment of | ✓ | | | |
| | participants to treatment groups? | | | | |
| 2 | Was allocation to treatment groups concealed? | ✓ | | | |
| 3 | Were treatment groups similar at the baseline? | ✓ | | | |
| 4 | Were participants blind to treatment assignment? | ✓ | | | |
| 5 | Were those delivering treatment blind to treatment | ✓ | | | |
| | assignment? | | | | |
| 6 | Were outcomes assessors blind to treatment | ✓ | | | |
| | assignment? | | | | |
| 7 | Were treatment groups treated identically other | ✓ | | | |
| | than the intervention of interest? | | | | |
| 8 | Was follow up complete and if not, were | ✓ | | | |
| | differences between groups in terms of their follow | | | | |
| | up adequately described and analyzed? | | | | |
| 9 | Were participants analyzed in the groups to which | ✓ | | | |
| | they were randomized? | | | | |
| 10 | Were outcomes measured in the same way for | ✓ | | | |
| | treatment groups? | | | | |
| 11 | Were outcomes measured in a reliable way? | ✓ | | | |
| 12 | Was appropriate statistical analysis used? | ✓ | | | |
| 13 | Was the trial design appropriate, and any deviations | ✓ | | | |
| | from the standard RCT design (individual | | | | |
| | randomization, parallel groups) accounted for in the | | | | |
| | conduct and analysis of the trial? | | | | |

Overall appraisal : include $\sqrt{\ }$ exclude seek further info

Hasil: dari 13 pertanyaan terdapat 13 pertanyaan yes (100%)

Lampiran 7. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Emil Huriani, Siska Prima Olimviani, Hendria Putra

Year : 2021

Date : 25/12/2021

Record number : 06

| No | | Yes | No | Unclear | Not applicable |
|----|---|-----|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is | ✓ | | | |
| | the 'effect' (i.e. there is no confusion about which variable comes first)? | | | | |
| 2 | Were the participants included in any comparisons | | ./ | | |
| 2 | similar? | | • | | |
| 3 | Were the participants included in any comparisons | ✓ | | | |
| | receiving similar treatment/care, other than the | | | | |
| | exposure or intervention of interest? | | | | |
| 4 | Was there a control group? | ✓ | | | |
| 5 | Were there multiple measurements of the outcome | ✓ | | | |
| | both pre and post the intervention/exposure? | | | | |
| 6 | Was follow up complete and if not, were differences | ✓ | | | |
| | between groups in terms of their follow up | | | | |
| | adequately described and analyzed? | | | | |
| 7 | Were the outcomes of participants included in any | ✓ | | | |
| | comparisons measured in the same way? | | | | |
| 8 | Were outcomes measured in a reliable way? | ✓ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal: include√ exclude seek further info

Lampiran 8. JBI Tools

Critical Appraisal for Randomized Controller Trials

JBI Critical Appraisal Checklist for Randomized Controlled Trials

Reviewer : Intan Rizki

Author : Olvin Manengkey, Adrian Tudu

Year : 2017

Date : 25/12/2021

Record number : 07

| No | | Yes | No | Unclear | Not applicable |
|----|---|----------|----|---------|----------------|
| 1 | Was true randomization used for assignment of participants to treatment groups? | ✓ | | | |
| 2 | Was allocation to treatment groups concealed? | ✓ | | | |
| 3 | Were treatment groups similar at the baseline? | ✓ | | | |
| 4 | Were participants blind to treatment assignment? | ✓ | | | |
| 5 | Were those delivering treatment blind to treatment assignment? | ✓ | | | |
| 6 | Were outcomes assessors blind to treatment assignment? | √ | | | |
| 7 | Were treatment groups treated identically other than the intervention of interest? | √ | | | |
| 8 | Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed? | √ | | | |
| 9 | Were participants analyzed in the groups to which they were randomized? | ✓ | | | |
| 10 | Were outcomes measured in the same way for treatment groups? | ✓ | | | |
| 11 | Were outcomes measured in a reliable way? | ✓ | | | |
| 12 | Was appropriate statistical analysis used? | ✓ | | | |
| 13 | Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial? | √ | | | |

Overall appraisal : include√ exclude seek further info

Hasil: dari 13 pertanyaan terdapat 13 pertanyaan yes (100%

Lampiran 9. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Febria Syafyu Sari

Year : 2017

Date : 25/12/2021

Record number : 08

| No | | Yes | No | Unclear | Not applicable |
|----|--|-----|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is | ✓ | | | |
| | the 'effect' (i.e. there is no confusion about which variable comes first)? | | | | |
| 2 | Were the participants included in any comparisons similar? | ✓ | | | |
| 3 | Were the participants included in any comparisons | ✓ | | | |
| | receiving similar treatment/care, other than the exposure or intervention of interest? | | | | |
| | 1 | | | | |
| 4 | Was there a control group? | ✓ | | | |
| 5 | Were there multiple measurements of the outcome | ✓ | | | |
| | both pre and post the intervention/exposure? | | | | |
| 6 | Was follow up complete and if not, were differences | ✓ | | | |
| | between groups in terms of their follow up | | | | |
| | adequately described and analyzed? | | | | |
| 7 | Were the outcomes of participants included in any | ✓ | | | |
| | comparisons measured in the same way? | | | | |
| 8 | Were outcomes measured in a reliable way? | ✓ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal : include√ exclude seek further info

Lampiran 10. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Agung Octa Nihando Rokawie , Sulastri , Anita

Year : 2017

Date : 25/12/2021

Record number : 09

| No | | Yes | No | Unclear | Not applicable |
|----|--|----------|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)? | √ | | | |
| 2 | Were the participants included in any comparisons similar? | ✓ | | | |
| 3 | Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest? | √ | | | |
| 4 | Was there a control group? | | ✓ | | |
| 5 | Were there multiple measurements of the outcome both pre and post the intervention/exposure? | ✓ | | | |
| 6 | Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed? | √ | | | |
| 7 | Were the outcomes of participants included in any comparisons measured in the same way? | √ | | | |
| 8 | Were outcomes measured in a reliable way? | ✓ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal : include√ exclude seek further info

Lampiran 11. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Windatania Mayasari, Jayanti Djarami, Kilwalaga

Nurjawati

Year : 2017

Date : 25/12/2021

Record number : 10

| No | | Yes | No | Unclear | Not applicable |
|----|--|----------|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is | ✓ | | | |
| | the 'effect' (i.e. there is no confusion about which | | | | |
| | variable comes first)? | | | | |
| 2 | Were the participants included in any comparisons similar? | √ | | | |
| 3 | Were the participants included in any comparisons | | ✓ | | |
| | receiving similar treatment/care, other than the | | | | |
| | exposure or intervention of interest? | | | | |
| 4 | Was there a control group? | | ✓ | | |
| 5 | Were there multiple measurements of the outcome | ✓ | | | |
| | both pre and post the intervention/exposure? | | | | |
| 6 | Was follow up complete and if not, were differences | ✓ | | | |
| | between groups in terms of their follow up | | | | |
| | adequately described and analyzed? | | | | |
| 7 | Were the outcomes of participants included in any | √ | | | |
| | comparisons measured in the same way? | | | | |
| 8 | Were outcomes measured in a reliable way? | √ | | | |
| 9 | Was appropriate statistical analysis used? | √ | | | |

Overall appraisal : include√ exclude seek further info

Lampiran 12. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Nur Kholifah, Dewi Erna Marisa, Sumarni

Year : 2017

Date : 25/12/2021

Record number : 11

| No | | Yes | No | Unclear | Not applicable |
|----|--|-----|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is | ✓ | | | |
| | the 'effect' (i.e. there is no confusion about which | | | | |
| | variable comes first)? | | | | |
| 2 | Were the participants included in any comparisons | ✓ | | | |
| | similar? | | | | |
| 3 | Were the participants included in any comparisons | | ✓ | | |
| | receiving similar treatment/care, other than the | | | | |
| | exposure or intervention of interest? | | | | |
| 4 | Was there a control group? | ✓ | | | |
| 5 | Were there multiple measurements of the outcome | ✓ | | | |
| | both pre and post the intervention/exposure? | | | | |
| 6 | Was follow up complete and if not, were differences | ✓ | | | |
| | between groups in terms of their follow up | | | | |
| | adequately described and analyzed? | | | | |
| 7 | Were the outcomes of participants included in any | ✓ | | | |
| | comparisons measured in the same way? | | | | |
| 8 | Were outcomes measured in a reliable way? | ✓ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal: include√ exclude seek further info

Lampiran 13. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Arina Maliya, Siti Nur Fatimah

Year : 2019

Date : 25/12/2021

Record number : 12

| No | | Yes | No | Unclear | Not applicable |
|----|--|----------|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)? | √ | | | |
| 2 | Were the participants included in any comparisons similar? | ✓ | | | |
| 3 | Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest? | √ | | | |
| 4 | Was there a control group? | ✓ | | | |
| 5 | Were there multiple measurements of the outcome both pre and post the intervention/exposure? | √ | | | |
| 6 | Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed? | ✓ | | | |
| 7 | Were the outcomes of participants included in any comparisons measured in the same way? | √ | | | |
| 8 | Were outcomes measured in a reliable way? | √ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal: include√ exclude seek further info

Lampiran 14. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Maliheh shirzad, ebrahim nasiri, mohammad hoesin

hesamirostami, hooshang akbari

Year : 2021

Date : 25/12/2021

Record number : 13

| No | | Yes | No | Unclear | Not applicable |
|----|--|----------|----------|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)? | ✓ | | | |
| 2 | Were the participants included in any comparisons similar? | | √ | | |
| 3 | Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest? | ✓ | | | |
| 4 | Was there a control group? | | √ | | |
| 5 | Were there multiple measurements of the outcome both pre and post the intervention/exposure? | √ | | | |
| 6 | Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed? | ✓ | | | |
| 7 | Were the outcomes of participants included in any comparisons measured in the same way? | ✓ | | | |
| 8 | Were outcomes measured in a reliable way? | ✓ | | | |
| 9 | Was appropriate statistical analysis used? | ✓ | | | |

Overall appraisal: include√ exclude seek further info

Lampiran 15. JBI Tools

Critical Appraisal for Quasy Experimental Design

JBI Critical Appraisal Checklist for Quasy Experimental Studies

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Yenny Aulya, Retno Widowati, Diana Nur Afni

Year : 2021

Date : 25/12/2021

Record number : 14

| No | | Yes | No | Unclear | Not applicable |
|----|--|----------|----|---------|----------------|
| 1 | Is it clear in the study what is the 'cause' and what is | ✓ | | | |
| | the 'effect' (i.e. there is no confusion about which variable comes first)? | | | | |
| 2 | Were the participants included in any comparisons similar? | ✓ | | | |
| 3 | Were the participants included in any comparisons | ✓ | | | |
| | receiving similar treatment/care, other than the exposure or intervention of interest? | | | | |
| 4 | Was there a control group? | | ✓ | | |
| 5 | Were there multiple measurements of the outcome | ✓ | | | |
| | both pre and post the intervention/exposure? | | | | |
| 6 | Was follow up complete and if not, were differences | ✓ | | | |
| | between groups in terms of their follow up | | | | |
| | adequately described and analyzed? | | | | |
| 7 | Were the outcomes of participants included in any | ✓ | | | |
| | comparisons measured in the same way? | | | | |
| 8 | Were outcomes measured in a reliable way? | √ | | | |
| 9 | Was appropriate statistical analysis used? | √ | | | |

Overall appraisal : include√ exclude seek further info

Lampiran 16. JBI Tools

Critical Appraisal for Randomized Controller Trials

JBI Critical Appraisal Checklist for Randomized Controlled Trials

(non-randomized experimental studies)

Reviewer : Intan Rizki

Author : Farzaneh Barati, Ahmad Nasiri, Negarin Akbari, dan

Gholamreza Sharifzadeh

Year : 2016

Date : 25/12/2021

Record number : 15

Overall appraisal: include√ exclude seek further info

| No | | Yes | No | Unclear | Not applicable |
|----|---|----------|----|---------|----------------|
| 1 | Was true randomization used for assignment of | ✓ | | | |
| | participants to treatment groups? | | | | |
| 2 | Was allocation to treatment groups concealed? | ✓ | | | |
| 3 | Were treatment groups similar at the baseline? | ✓ | | | |
| 4 | Were participants blind to treatment assignment? | ✓ | | | |
| 5 | Were those delivering treatment blind to treatment assignment? | ✓ | | | |
| 6 | Were outcomes assessors blind to treatment assignment? | ✓ | | | |
| 7 | Were treatment groups treated identically other than the intervention of interest? | ✓ | | | |
| 8 | Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed? | ✓ | | | |
| 9 | Were participants analyzed in the groups to which they were randomized? | ✓ | | | |
| 10 | Were outcomes measured in the same way for treatment groups? | √ | | | |
| 11 | Were outcomes measured in a reliable way? | ✓ | | | |
| 12 | Was appropriate statistical analysis used? | ✓ | | | |
| 13 | Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial? | ✓ | | | |

Hasil: dari 13 pertanyaan terdapat 13 petanyaan yes (100%)

Lampiran 17. Lembar Bimbingan Skripsi Dosen Pembimbing 1



KEMENTERIAN KESEHATAN RI BADAN PENGEMBANGAN DAN PEMBERDAYAAN SDM KESEHATAN POLITEKNIK KESEHATAN KEMENKES MALANG

-Kampus Utama : Il. Besar Ijen No. 77 C Malang, 65112 Telp (0341) 566075, 571388 Fax (0341) 556746
-Kampus I : Il. Srikoyo No. 106 Jember, Telp (0331) 456613
-Kampus II : Il. A. Yani Sumberporong Lawang Telp. (0341) 427847
-Kampus III : Il. Dr. Soetomo No. 46 Elitar Telp. (0342) 801043

-Rampus III : Jl. Dr. Soetomo No. 46 Elitar Telp. (0342) 801043 -Kampus IV : Jl. KH Walkhid Hasyim No. 64B Kediri Telp. (0354) 773095 -Kampus V : Jl. Dr. Soetomo No. 5 Trenggalek Telp (0355) 791293- Kampus VI Mangunkusomo No. 82A Ponorogo Telp (0352) 461792 Website: Http://www.poltekkes-malang.ac.idEmail : direktorat@poltekkes-malang.ac.id



LEMBAR KONSULTASI SKRIPSI

PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN MALANG

NAMA : INTAN RIZKI DWI SAPUTRI

NIM : P17211181003

: "EFEKTIVITAS GUIDED IMAGERY, SLOW DEEP JUDUL SKRIPSI BREATHING DAN AROMATERAPI MAWAR TERHADAP KECEMASAN PRE

OPERASI"

| NO | TANGGAY | LIDALAN | TANDA TANGAN | | | |
|----|------------------|--|--------------|-------------------|--|--|
| NO | TANGGAL | URAIAN | PEMBIMBING | MAHASISW <i>A</i> | | |
| 1. | 12 Oktober 2021 | Proses pengajuan judul skripsi | | | | |
| 2. | 08 November 2021 | Acc judul | | | | |
| | 08 Desember 2021 | Konsul bab 1 | | | | |
| 3. | 15 Desember 2021 | Konsul revisi bab 1 Konsul bab 2 | | | | |
| 4. | 04 Januari 2022 | Konsul bab 3 | | | | |
| 5. | 28 Desember 2022 | Konsul revisi bab 3 | | | | |
| 6. | 13 Januari 2022 | Konsul jurnal <i>literature review</i> Konsul revisi bab 3 | | | | |

Acc ujian proposal

NAMA PEMBIMBING : Dr. Tri Johan Agus Yuswanto., S.Kp., M.Kep

| NO | TANGGAL | URAIAN | TANDA TANGAN | | | |
|-----|--------------|---|--------------|-----------|--|--|
| | | | PEMBIMBING | MAHASISWA | | |
| 7. | 07 Juni 2022 | Konsul revisi proposal Acc proposal | | | | |
| 8. | 09 Juni 2022 | Konsul skripsi | | | | |
| 9. | 17 Juni 2022 | Konsul revisi kata pengantar Konsul revisi bab 4 dan 5 | | | | |
| 10. | 21 Juni 2022 | Konsul revisi bab 4 dan 5 Konsul jurnal | | | | |
| 11. | 27 Juni 2022 | Konsul revisi bab 4 dan 5 Acc ujian skripsi | | | | |
| 12. | | | | | | |

Ketua Prodi Sarjana Terapan Keperawatan Malang

Mengetahui Pembimbing

<u>Dr.Erlina Suci Astuti, S.Kep., Ns., M.Ke</u> NIP. 197608102002122001 Dr. Tri Johan Agus Yuswanto, S.Kp., M.Kep NIP. 196508281989031003

Lampiran 17. Lembar Bimbingan Skripsi Dosen Pembimbing 1



KEMENTERIAN KESEHATAN RI BADAN PENGEMBANGAN DAN PEMBERDAYAAN SDM KESEHATAN POLITEKNIK KESEHATAN KEMENKES MALANG



: Il. Srikoyo No. 106 Jember, Telp (0331) 486613 : Il. A. Yani Sumberporong Lawang Telp. (0341) 427847 : Il. Dr. Soetomo No. 46 Elitar Telp. (0342) 801043 -Kampus III

usu IV : Jl. KH Walshid Hasyim No. 64B Kediri Telp. (0354) 773095 sus V : Jl. Dr. Soetomo No. 5 Trenggalek Telp (0355) 791293- Kampus VI nkusomo No. 82A Ponorogo Telp (0352) 461792

Website: Http://www.poltekkes-malang.ac.idEmail: direktorat@poltekkes-malang.ac.id

LEMBAR KONSULTASI SKRIPSI

PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN MALANG

NAMA : INTAN RIZKI DWI SAPUTRI

NIM : P17211181003

: "EFEKTIVITAS TERAPI GUIDED IMAGERY, SLOW DEEP JUDUL SKRIPSI

BREATHING DAN AROMATERAPI MAWAR TERHADAP KECEMASAN PRE

OPERASI"

NAMA PEMBIMBING: Dr. Dyah Widodo., S.Kp., M.Kes

| NO | TANGGAL | URAIAN | TANDA TANGAN | | | |
|----|------------------|-------------------------------------|--------------|-----------|--|--|
| NO | | | PEMBIMBING | MAHASISWA | | |
| 1. | 08 November 2021 | Pengajuan judul skripsi | | | | |
| 2. | 03 Desember 2021 | Konsul bab 1 | | | | |
| | 18 Desember 2021 | Konsul revisi bab 1 Konsul bab 2 | | | | |
| 3. | 5 Januari 2021 | Konsul revisi bab 2 Konsul bab 3 | | | | |
| 4. | 13 Januari 2022 | Konsul revisi 3 | | | | |
| 5. | 20 Januari 2022 | Konsul perbaikan PICOTS pada bab 3 | | | | |
| 6. | 26 Januari 2022 | Konsul bab 3 Acc ujian proposal | | | | |

NAMA PEMBIMBING : Dr. Dyah Widodo., S.Kp., M.Kes

| NO | TANGGAL | GAL URAIAN | TANDA TANGAN | | | | |
|-----|--------------|--|--------------|-----------|--|--|--|
| NO | | | PEMBIMBING | MAHASISWA | | | |
| 7. | 07 Juni 2022 | Konsul revisi proposal | | | | | |
| 8. | 21 Juni 2022 | Acc revisi proposal Konsul bab 4 | | | | | |
| 9. | 27 Juni 2022 | Konsul revisi bab 4 | | | | | |
| 10. | 29 Juni 2022 | Konsul Jurnal Konsul revisi bab 4 | | | | | |
| 11. | 30 Juni 2022 | Konsul bab 5 | | | | | |
| 12. | | Konsul revisi bab 4 dan 5 Acc ujian skripsi | | | | | |
| | | | | | | | |

Ketua Prodi Sarjana Terapan Keperawatan Malang

Mengetahui Pembimbing

<u>Dr.Erlina Suci Astuti, S.Kep., Ns., M.Ke</u> NIP. 197608102002122001

<u>Dr. Dyah Widodo, S.Kp., M.Kes</u> NIP. 196508281989031

Lampiran 18. Hasil Curriculum Vitae

<u>Daftar Riwayat Hidup</u> (Curriculuum Vitae)



A. PERSONAL DATA

1. Nama Lengkap : Intan Rizki Dwi Saputri

2. Tempat, Tanggal Lahir: Tulungagung, 18 Agustus 2000

3. Jenis Kelamin : Perempuan

4. Agama : Islam

5. Alamat : Ds. Doroampel RT 04/RW 02, Kec. Sumbergempol, Kab. Tulungagung

6. Status : Belum Menikah7. Telepon : 081377285477

8. Alamat Email : intanagustus18@gmail.com

B. RIWAYAT PENDIDIKAN

2018-2022 Politeknik Kesehatan Kemenkes Malang

Jurusan Keperawatan Prodi Sarjana Terapan

Keperawatan Malang

2015-2018 SMAN 1 Kedungwaru Tulungagung

Jurusan Ilmu Pengetahuan Alam

2012-2015 SMPN 1 Sumbergempol, Tulungagung

2006-2012 SDN 1 Doroampel, Tulungagung

C. PENGALAMAN ORGANISASI

Tidak Ada