

Lampiran 1 JBI Tools Critical Appraisal Jurnal 1

**JBI CRITICAL APPRAISAL CHECKLIST
FOR RANDOMIZED CONTROLLED TRIALS**

Reviewer : Novi Noorachmanda

Date : 18/06/2022

Author : Mansooreh A., Zahra Abbasi, Shadan P. Razi, Anoshiravan K.

Year : 2016

<i>Questions</i>	<i>Yes</i>	<i>No</i>	<i>Unclear</i>	<i>NA</i>
<i>1. Was true randomization used for assignment of participants to treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>2. Was allocation to treatment groups concealed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>3. Were treatment groups similar at the baseline?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>4. Were participants blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>5. Were those delivering treatment blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>6. Were outcomes assessors blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>7. Were treatment groups treated identically other than the intervention of interest?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>8. Was follow up complete and if not, were differences between groups in terms of their follow up</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>9. Were participants analyzed in the groups to which they were randomized?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>10. Were outcomes measured in the same way for treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>11. Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>12. Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>13. Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include √ Exclude Seek further info

Comments (Including reason for exclusion) 13/13 x 100% = 100%

Lampiran 2 JBI Tools Critical Appraisal Jurnal 2

**JBI CRITICAL APPRAISAL CHECKLIST
FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Novi Noorachmanda

Date : 18/06/2022

Author : Ahyar Nur, Kadek Ayu Erika, Andi Wardihan Sinrang

Year : 2018

Questions	Yes	No	Unclear	Not applicable
1. <i>Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. <i>Were the participants included in any comparisons similar?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. <i>Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?</i>	<input type="checkbox"/>	√	<input type="checkbox"/>	<input type="checkbox"/>
4. <i>Was there a control group?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. <i>Were there multiple measurements of the outcome both pre and post the intervention/exposure?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. <i>Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. <i>Were the outcomes of participants included in any comparisons measured in the same way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. <i>Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. <i>Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include√ Exclude Seek further info

Comments (Including reason for exclusion) 8 / 9 x 100% = 88,8%

Lampiran 3 JBI Tools Critical Appraisal Jurnal 3

**JBI CRITICAL APPRAISAL CHECKLIST
FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Novi Noorachmanda
Author : Achmad Fauzi, Rusmai Triaswati
Year : 2021

Date : 18/06/2022

Questions	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the participants included in any comparisons similar?	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	<input type="checkbox"/>	√	<input type="checkbox"/>	<input type="checkbox"/>
4. Was there a control group?	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Were outcomes measured in a reliable way?	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Was appropriate statistical analysis used?	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include√ Exclude Seek further info
Comments (Including reason for exclusion) 8 / 9 x 100% = 88,8%

Lampiran 4 JBI Tools Critical Appraisal Jurnal 4

**JBI CRITICAL APPRAISAL CHECKLIST
FOR RANDOMIZED CONTROLLED TRIALS**

Reviewer : Novi Noorachmanda

Date : 18/06/2022

Author : Nahid S., Shahrzad K. Jazi, Jahangir K., Mahboubeh V.

Year : 2016

<i>Questions</i>	<i>Yes</i>	<i>No</i>	<i>Unclear</i>	<i>NA</i>
<i>1. Was true randomization used for assignment of participants to treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>2. Was allocation to treatment groups concealed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>3. Were treatment groups similar at the baseline?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>4. Were participants blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>5. Were those delivering treatment blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>6. Were outcomes assessors blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>7. Were treatment groups treated identically other than the intervention of interest?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>8. Was follow up complete and if not, were differences between groups in terms of their follow up</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>9. Were participants analyzed in the groups to which they were randomized?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>10. Were outcomes measured in the same way for treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>11. Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>12. Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>13. Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include √ Exclude Seek further info
 Comments (Including reason for exclusion) 13/13 x 100% = 100

Lampiran 5 JBI Tools Critical Appraisal Jurnal 5

**JBI CRITICAL APPRAISAL CHECKLIST
FOR RANDOMIZED CONTROLLED TRIALS**

Reviewer : Novi Noorachmanda Date : 18/06/2022
 Author : Azam Z. Aliabadi, Zahra M., Sedigeh R., Mostafa R.
 Year : 2020

<i>Questions</i>	<i>Yes</i>	<i>No</i>	<i>Unclear</i>	<i>NA</i>
1. <i>Was true randomization used for assignment of participants to treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. <i>Was allocation to treatment groups concealed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. <i>Were treatment groups similar at the baseline?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. <i>Were participants blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. <i>Were those delivering treatment blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. <i>Were outcomes assessors blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. <i>Were treatment groups treated identically other than the intervention of interest?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. <i>Was follow up complete and if not, were differences between groups in terms of their follow up</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. <i>Were participants analyzed in the groups to which they were randomized?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. <i>Were outcomes measured in the same way for treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. <i>Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. <i>Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. <i>Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include √ Exclude Seek further info
 Comments (Including reason for exclusion) 13/13 x 100% = 100

Lampiran 6 JBI Tools Critical Appraisal Jurnal 6

**JBI CRITICAL APPRAISAL CHECKLIST
FOR RANDOMIZED CONTROLLED TRIALS**

Reviewer : Novi Noorachmanda

Date : 06/07/2022

Author : Sayyed Hossein H., Ali Hajbagheri, Mohammad Aghajani

Year : 2015

<i>Questions</i>	<i>Yes</i>	<i>No</i>	<i>Unclear</i>	<i>NA</i>
1. <i>Was true randomization used for assignment of participants to treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. <i>Was allocation to treatment groups concealed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. <i>Were treatment groups similar at the baseline?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. <i>Were participants blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. <i>Were those delivering treatment blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. <i>Were outcomes assessors blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. <i>Were treatment groups treated identically other than the intervention of interest?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. <i>Was follow up complete and if not, were differences between groups in terms of their follow up</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. <i>Were participants analyzed in the groups to which they were randomized?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. <i>Were outcomes measured in the same way for treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. <i>Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. <i>Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. <i>Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include √ Exclude Seek further info

Comments (Including reason for exclusion) 13/13 x 100% = 100%

Lampiran 7 JBI Tools Critical Appraisal Jurnal 7

**JBI CRITICAL APPRAISAL CHECKLIST
FOR RANDOMIZED CONTROLLED TRIALS**

Reviewer : Novi Noorachmanda

Date : 06/07/2022

Author :Khodayar Oshvandi, Fariba Mirzajani L., Ali Reza S., Morteza S..

Year : 2021

<i>Questions</i>	<i>Yes</i>	<i>No</i>	<i>Unclear</i>	<i>NA</i>
<i>1. Was true randomization used for assignment of participants to treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>2. Was allocation to treatment groups concealed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>3. Were treatment groups similar at the baseline?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>4. Were participants blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>5. Were those delivering treatment blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>6. Were outcomes assessors blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>7. Were treatment groups treated identically other than the intervention of interest?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>8. Was follow up complete and if not, were differences between groups in terms of their follow up</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>9. Were participants analyzed in the groups to which they were randomized?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>10. Were outcomes measured in the same way for treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>11. Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>12. Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>13. Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include √ Exclude Seek further info

Comments (Including reason for exclusion) 13/13 x 100% = 100%

Lampiran 8 JBI Tools Critical Appraisal Jurnal 8

**JBI CRITICAL APPRAISAL CHECKLIST
FOR RANDOMIZED CONTROLLED TRIALS**

Reviewer : Novi Noorachmanda

Date : 06/07/2022

Author : Neda Mirbagher, Zahra Rahemi, Mohammad Aghajani, Sayyed Hossein

Year : 2019

<i>Questions</i>	<i>Yes</i>	<i>No</i>	<i>Unclear</i>	<i>NA</i>
1. <i>Was true randomization used for assignment of participants to treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. <i>Was allocation to treatment groups concealed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. <i>Were treatment groups similar at the baseline?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. <i>Were participants blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. <i>Were those delivering treatment blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. <i>Were outcomes assessors blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. <i>Were treatment groups treated identically other than the intervention of interest?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. <i>Was follow up complete and if not, were differences between groups in terms of their follow up</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. <i>Were participants analyzed in the groups to which they were randomized?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. <i>Were outcomes measured in the same way for treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. <i>Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. <i>Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. <i>Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include √ Exclude Seek further info

Comments (Including reason for exclusion) 13/13 x 100% = 100%

Lampiran 9 JBI Tools Critical Appraisal Jurnal 9

**JBICRITICAL APPRAISAL CHECKLIST
FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Novi Noorachmanda
 Author : Yuasti Ningsih, Arina Maliya, Kusnanto
 Year : 2020

Date : 06/07/2022

<i>Questions</i>	<i>Yes</i>	<i>No</i>	<i>Unclear</i>	<i>Not applicable</i>
<i>1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>2. Were the participants included in any comparisons similar?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>4. Was there a control group?</i>	<input type="checkbox"/>	√	<input type="checkbox"/>	<input type="checkbox"/>
<i>5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>7. Were the outcomes of participants included in any comparisons measured in the same way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>8. Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>9. Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include√ Exclude Seek further info
 Comments (Including reason for exclusion) 8 / 9 x 100% = 88,8%

Lampiran 10 JBI Tools Critical Appraisal Jurnal 10

**JBI CRITICAL APPRAISAL CHECKLIST
FOR RANDOMIZED CONTROLLED TRIALS**

Reviewer : Novi Noorachmanda

Date : 06/07//2022

Author : Mahbobeh G., Nahid R., Tahereh B., Majideh H., Seyed D., Mojtaba V.

Year : 2021

<i>Questions</i>	<i>Yes</i>	<i>No</i>	<i>Unclear</i>	<i>NA</i>
1. <i>Was true randomization used for assignment of participants to treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. <i>Was allocation to treatment groups concealed?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. <i>Were treatment groups similar at the baseline?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. <i>Were participants blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. <i>Were those delivering treatment blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. <i>Were outcomes assessors blind to treatment assignment?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. <i>Were treatment groups treated identically other than the intervention of interest?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. <i>Was follow up complete and if not, were differences between groups in terms of their follow up</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. <i>Were participants analyzed in the groups to which they were randomized?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. <i>Were outcomes measured in the same way for treatment groups?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. <i>Were outcomes measured in a reliable way?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. <i>Was appropriate statistical analysis used?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. <i>Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?</i>	√	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal: Include √ Exclude Seek further info

Comments (Including reason for exclusion) 13/13 x 100% = 100%

Lampiran 11

PLAN OF ACTION (POA)

Nama : Novi Noorachmanda
 NIM : P17211181007
 Prodi : Sarjana Terapan Keperawatan Malang
 Judul : Pengaruh *Stretching Exercise* Dan *Massage* Dengan Lavender Oil Terhadap *Restless Leg Syndrome* Pada Pasien Gagal Ginjal Kronis Dengan Hemodialisis

NO	Kegiatan Penelitian	Nov		Des		Jan		Feb		Mar		Apr		Mei		Juni		Juli		Agus		Sep		
		1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3
1.	Tahapan Persiapan																							
	a. Penentuan Judul																							
	b. Mencari literatur																							
	c. Penyusunan Proposal																							
	d. Konsultasi Proposal																							
2.	Tahapan Pelaksanaan																							
	a. Pengolahan Data																							
	b. Analisa Data																							
	c. Konsultasi Hasil																							
	d. Revisi Proposal																							
3.	Tahap Evaluasi																							
	a. Perbaikan Hasil																							
	b. Pencatatan dan Pelaporan Hasil																							
	c. Ujian Sidang Skripsi																							
	d. Perbaikan Hasil																							

Pembimbing Utama

Maria Diah *Ganung*, S.Kep., Ns., M.Kep., Sp.KNIB
 NIP. 19760105200712005

Pembimbing pendamping

Joko Piroso, S.Kp., M.Kep
 NIP. 196211211988031002

Mahasiswa

Novi Noorachmanda
 NIM. P17211181007